

SPECIAL SUPPLEMENT: SUMMER 1993 HIKES/CAMPING SCHEDULE

During the summer months the San Gabriel Mountains Chapter of the CNPS will suspend monthly meetings. Regular meetings will resume on September 16. However, Horace Birgh is offering a schedule of hikes designed to explore some interesting areas of the higher and cooler San Gabriels. Please come prepared! Hiking in the higher ranges of the San Gabriels offers the same challenges as does desert hiking: excessive UV and low humidity. Please bring ample water and sunscreen. Large, floppy hats, long sleeves and light-colored clothing are helpful. Additionally, the elevation poses another problem: altitude sickness, most often characterized by headaches or nausea. The best prevention is plenty of water--before, during and after hiking. The constant climb also requires fuel: don't forget to bring food, preferably some form of carbohydrates and sugars for continued energy.

If you have any questions regarding our summer hike schedule, please call Horace Birgh at (213) 667-1726.

SATURDAY, JULY 24, 9AM: DAWSON SADDLE TO LILY SPRINGS

Part of the objective of our last hike--Crystal Lake to Windy Gap--was a side trip to Lily Springs, an area rich with Sierran flora. This past winter's rains, however, left behind such a thick snow pack that the trail to the Springs was impassible the day of the hike.

July's hike will answer numerous requests to reschedule a trip to Lily Springs. Starting from Angeles Crest Highway at Dawson Saddle, we will hike through an open conifer forest up to Pacific Crest Trail, turning west to the Lily Springs turnoff and down 1/2 mile to the Springs. We can expect to see several penstemons, mousetail Ivesia, numerous buckwheats and--yes--perhaps even the much-touted Pine Fritillary. I also believe we can expect to see Spotted Coralroot, a parasitic orchid which an authority on California orchids states emphatically does not exist in the San Gabriels. We'll see . . .

DIFFICULTY: Moderate; elevation gain = 1100 ft.; roundtrip mileage = 7.5 mi.

DIRECTIONS: from La Canada/Flintridge drive 49 miles (or 5 1/2 miles past the junction with Route 39) to Dawson Saddle, the highest point on the Angeles Crest Highway (7901 ft.). Park on the north side of the road next to a brown highway maintenance shed. The trail head is across the road.

SATURDAY, AUGUST 21, 9AM: MT. WILLIAMSON

Our hike for August will take up the west side and down the east side of Mt. Williamson. From our vantage point at the top we are afforded panoramic vistas of the San Andreas fault zone, the Mojave Desert, the Tehachapis and, "on a clear day," even the southernmost tip of the Sierras. Onions, Lewisia, mat buckwheats--and those wonderful Ground Cones, whose binomial can put your jaw out of place--are some of the floristic delights of this peak of the high ranges.

DIFFICULTY: Moderate; 5 miles roundtrip; 1600-ft. elevation gain.

DIRECTIONS: From La Canada/Flintridge drive to the junction of Angeles Crest Highway and Route 39 (about one mile past the two tunnels). Park in the lot on the north side. From here, we will car-shuttle back to the western trail head just before the two tunnels.

OTHER SUMMER EVENTS:

NATURE CONSERVANCY ACTIVITIES:

KERN RIVER PRESERVE: Hoedown/restoration weekends, July 10 & 24, August 14 & 28
Details 619/378-2531

SANTA CRUZ ISLAND PRESERVE: Day trips, July 17 & 25, August 7, 22, & 28; September 11. Details 805/642-1393

SANTA ROSA PLATEAU: Open sunrise to sunset. Details 714/677-6951.

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TUESDAY, JULY 13, 7:30PM: Santa Monica Chapter Mtng. Mark Skinner, CNPS Botanist. Brentwood Science Magnet School, corner of Montana & Gretna Green in Brentwood.

FRIDAY-SUNDAY, JULY 23-25: The Pasadena Sierra Club is organizing its Second Annual campout in Quaking Aspen Campground in the Southern Sierras. The two days of hiking, camping and workshops will introduce examples of both clearcut and pristine forests, Sequoia groves, and wildflowers of the Sierran meadows. For directions and details contact Bonnie Strand, 339 S Avenue 52, Los Angeles, CA 90042; 213/257-6120.

SATURDAY-SUNDAY, JULY 31-AUGUST 1: Field trip, Santa Monica Chapter, Carson Pass (S. of Tahoe.) Details George Stevenson, 310/472-5464

TUESDAY, AUGUST 10, 7:30 PM: Santa Monica Chapter Mtng. Margo Griswold on restoration of Coastal Sage Scrub (see above for mtng place.)

WEDNESDAY, SEPTEMBER 1, 7:30: Rick Fisher at Pasadena Sierra Club general mtng. Eaton Cyn.

IF YOU CAN'T RECRUIT 'EM, GROW 'EM...

We welcome new member Sarah Phoebe Fisher, born to Vice-President Rebecca Null Fisher and Conservation Chair Rick Fisher at 12:34 AM on June 25th. 9lbs 2ozs, 22 inches (your editor, Rebecca Sarah, was pleased to note that already Sarah spells her name correctly, that is, with an "h".)

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CALIFORNIA NATIVE PLANT SOCIETY
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